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Bereavement Ministry is

Rewarding  
Fulfilling  
Comforting  
Gratifying  
Heart-warming  
and  
Inspiring.

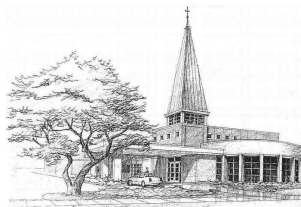
Our main role as  
ministers is to  
listen,  
listen,  
listen,  
and be supportive.



When our loved ones  
go home they are  
closer to us  
than ever before ~ and  
their conversation with us  
becomes more intimate,  
more personal,  
deeper and richer.

Why?

Because they are in God  
and God is more  
present to us  
than we are to  
ourselves.



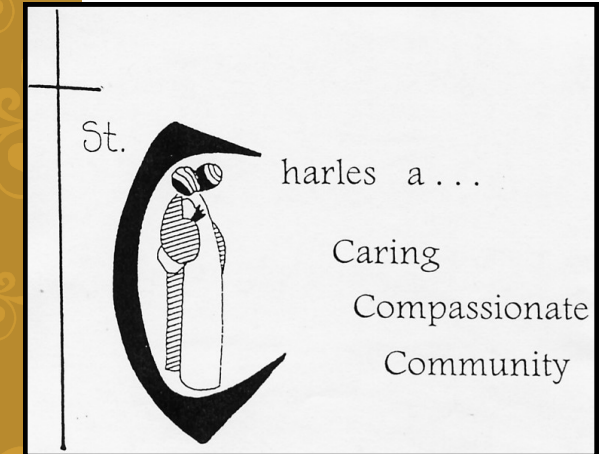
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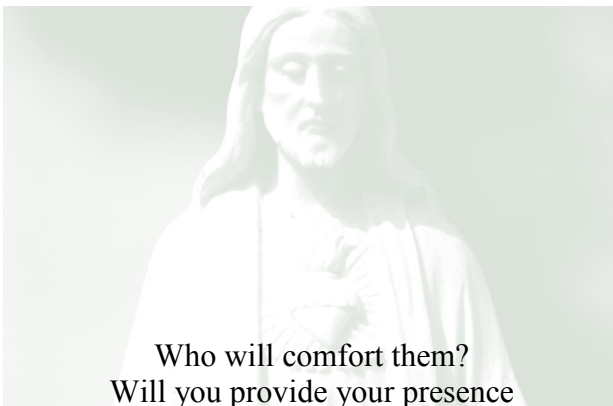
“Blessed are those  
who mourn for they  
shall be comforted.”

Matthew 5:4

**BEREAVEMENT  
MINISTRY**



# Grief



Who will comfort them?  
Will you provide your presence  
and help comfort the grieving?

The goal of this ministry is that no  
member of the faith  
community grieves alone.

Bereavement Ministers reach out to  
the recently bereaved of the parish  
community and provide support and  
a compassionate, caring presence.

Needed:

- ♥ Empathy
- ♥ Caring and compassion
- ♥ Good listening skills
- ♥ Some understanding of the grief process
- ♥ Acceptance of others' values and feelings

Training sessions will be provided

After we lose someone we love  
and cherish, we often find that  
day-to-day existence becomes  
more difficult, especially after  
the initial shock and support  
have diminished. While griev-  
ing is an individual process, it  
does not have to be a lonely  
one. Certainly family and  
friends can be helpful. Some-  
times just talking to a caring  
person is comforting. Getting  
together with others who have  
also grieved a loss can provide  
greater understanding and  
acceptance of the experience.  
No one has to be alone in their  
grief.

We are here for them.



Bereavement Ministers are  
trained non-professional vol-  
unteers who have experienced  
a loss through death in their  
own lives and wish to reach  
out to others in their grief by:

- ♥ attending wake  
services or funeral  
liturgies
- ♥ being a part of the  
Resurrection choir
- ♥ providing follow-up  
phone calls and visits
- ♥ serving as a lector or  
Eucharistic Minister at  
a funeral liturgy
- ♥ offering practical help  
such as food,  
transportation, house  
sitting, etc.

*Though the road is not easy,  
It is well traveled...  
Let us show one another  
The way and where it leads...*